

LUNCH MENU
12PM - 3PM



RESERVATIONS
01646 694444

STARTERS & NIBBLES

Garlic-Stuffed Olives (v)	5.95
<i>Homemade Focaccia, Olive Oil & Balsamic</i>	
Crispy Pork Belly	6.95
<i>Cauliflower Puree, Mustard Maple, Pickles</i>	
Chicken Caesar Bon Bons	6.95
<i>Gem Lettuce, Parmesan, Caesar Sauce</i>	
Garlic, Leek & Tarragon Mushrooms (v)	6.50
<i>Toasted Ciabatta, Basil Oil</i>	

MAIN COURSES

Pan-Fried Fillet of Market Fish (gf)	17.95
<i>New Potatoes, Prosciutto, Greens, Sun-Blushed Tomato</i>	
Slow-Cooked Chicken Lasagne	14.95
<i>Garlic Ciabatta, Chips, Garden Salad</i>	
Sweet Potato & Chickpea Dahl (vg)	12.95
<i>Wild Rice, Carrot Pakora, Pomegranate</i>	
Tenby Ale-Battered Fish & Chips	13.50
<i>Minted Pea Puree, Tartare Sauce</i>	
Beef Brisket & Welsh Porter Pie	14.95
<i>Creamed Mash, Sauteed Greens</i>	
10z Pembrokeshire Sirloin Steak	22.50
<i>Chips, Onion Ring, Mixed Leaf Salad</i> <i>(Add Garlic & Pepper Sauce: £2.50)</i>	

DESSERTS

Cherry & Pistachio Crumble	6.50
<i>Pistachio Ice Cream</i>	
Lemon Posset	6.50
<i>White Chocolate, Honeycomb, Marshmallow</i>	
Salted Caramel Brownie (gf)	6.50
<i>Marshmallow Ice Cream, Chocolate Soil</i>	
Sticky Toffee Pudding	6.50
<i>Butterscotch Sauce, Spiced Oats, Vanilla Ice Cream</i>	
Passionfruit Cheesecake (vg)(gf)	6.50
<i>Cashew & Date Base, Raspberry Coulis</i>	
Welsh Cheese Board	8.95
<i>Selection of Welsh cheeses including Snowdonia Black Bomber (Cheddar), Caws Cenarth Perl Las (Blue), & Perl Wen (Brie), tomato chutney, baby pear, & mixed crackers.</i>	

Basil & Paprika Meatballs	6.50
<i>Rich Tomato Sauce, Parmesan, Garlic Ciabatta</i>	
Beetroot Hummus (vg)(gf)	5.95
<i>Mixed Pickles, Crisp Breads</i>	
Panko Chicken Tenders	6.50
<i>Garlic Aioli, Spring Onions, Tomato</i>	
Roasted Cauliflower Soup (v)	5.95
<i>Homemade Bread, Whipped Butter, Crispy Onions</i>	

LUNCH SPECIALS

Baked Camembert	8.95
<i>Tomato & Onion Chutney, Mustard Pickles, Homemade Bread</i>	
Welsh Beef Chilli (gf)	12.95
<i>Wild Rice, Guacamole, Grated Cheddar</i>	
Pembrokeshire Wagyu Beef Burger	14.95
<i>Molten Welsh Cheddar, Caramelised Onions, Crispy Bacon, Gem Lettuce, Chorizo Ketchup, Chips, Slaw</i>	
Panko Chicken Burger	12.95
<i>Garlic Aioli, Crispy Bacon, Gem Lettuce, Chips, Slaw</i>	
The Glamorgan Burger (v)	11.95
<i>Welsh Cheddar & Leek, Tomato Chutney, Chips, Slaw</i>	
Millionaire's Mac & Cheese	11.95
<i>Bacon Crumble, Garlic Ciabatta (can be vegetarian)</i>	

SIDES

3.00 each	
Chips	Garlic Ciabatta
COCO's Slaw	Garden Salad
Onion Rings	Sauteed Greens
New Potatoes	Mixed Pickles

CHILDREN'S MENU

Crispy Chicken Strips	5.50
<i>Chips & Garlic Mayo</i>	
Mini Fish & Chips	5.50
<i>Garden Peas & Ketchup</i>	
Fusilli Pasta in Tomato Sauce (v)	5.50
<i>Grated Cheese & Slice of Garlic Bread</i>	
Little Mac & Cheese (v)	5.50
<i>Slice of Garlic Bread.</i>	

PLEASE INFORM A STAFF MEMBER OF ANY ALLERGY OR DIETARY REQUIREMENTS



COCO'S

WE PRIDE OURSELVES ON FRESHLY PREPARED FOOD USING INGREDIENTS FROM THE BEST OF PEMBROKESHIRE AND SURROUNDING COUNTIES WITH THE AID OF OUR SUPPLIERS; BLOCKWELL BUTCHERS (MILFORD HAVEN), PRENDERGAST BUTCHERS (HAVERFORDWEST), WELSH SEAFOODS (MILFORD MARINA), TOTAL PRODUCE (FISHGUARD), CASTELL HOWELL (CARMARTHEN), ULTRACOMIDA (NARBERTH), UPTON FARM (PEMBROKE DOCK).

WE HOPE YOU ENJOY YOUR COCO'S EXPERIENCE.



#COCOSMILFORDHAVEN